

CHAMBER CHAT

West Yorkshire MS Therapy Centre, 3a Gelderd Lane, Leeds, LS12 6AL
Tel: 0113 263 7375

March 2019

MEMBERSHIP RENEWAL

£20

**Can we remind
everyone that wishes
to access the therapies
at the centre you must
be a member**



‘ARCTIC WILDERNESS CHALLENGE’

Joanne has successfully completed her challenge, After suffering temperatures of -40 degrees and 7 hours on a dog sleigh each day and outside toilets! Joanne has raised approx. £2,600 though we still have some outstanding donations due. Could you give Joanne your sponsor money as soon as possible so we can get an accurate total.

Thank you, Joanne

CHANGES AT THE CENTRE

We apologies for any inconvenience the building work is causing. They are working all weekend so we can keep the centre open as normal. We are hoping to have it all completed by the end of the month.

The work includes fitting an Infrared Sauna and showers and new therapy room. The Physio room will also be altered.

Therapies are continuing as normal.

PILATES

with

Tricia on Wednesday's

PHYSIOTHERAPY

with

Helene on Tuesday, Thursday and alternate Fridays

BOWEN

CLASSIC, NUERO, FACIAL AND
LYMPHATIC DRAINAGE REFLEXOLOGY
HOLISTIC MASSAGE

with

Kim on Mondays and alternate
Fridays. Contact Kim on
07850268762

Kim now has a card reader.